

All Beef Hot Dog on Whole Grain Bun, Chili, Cheese, Onion, Sliced Cucumbers, Banana, White or Chocolate Milk Vision Charter School
January, February, and March Menu

Monday, January 7 Pork and Vegetable Egg Roll , Sweet and Sour Sauce, String Cheese, Green Beans, Orange Slices, White or Chocolate Milk	Tuesday, January 8 Popcorn Chicken , Dinner Roll, Carrot Sticks with Hummus, Banana, White or Chocolate Milk	Wednesday, January 9 Hot Ham and Cheese on a Ciabatta Bun , Mixed Veggies, Sliced Apples, White or Chocolate Milk	Thursday, January 10 Chicken Parmesan , Breadstick, Broccoli and Cauliflower, Sliced Oranges, White or Chocolate Milk	Friday, January 11 Pepperoni Pizza , Garden Salad with Ranch Dressing, Apple Sauce, White or Chocolate Milk
Monday, January 14 Cheesy Potato Soup with Turkey and Corn, Side Salad with Ranch, Roll, Orange Slices, White or Chocolate Milk	Tuesday, January 15 BBQ Rib Patty Sandwich on Whole Grain Bun, BBQ Sauce, Baked Beans, Grapes, White or Chocolate Milk	Wednesday, January 16 Chicken Nuggets , BBQ Sauce or Honey Mustard, Corn, Side Salad with Ranch Dressing, Banana, White or Chocolate Milk	Thursday, January 17 Beef and Bean Burritos , Sour Cream, Salsa, Refried Beans, Garden Salad, Diced Peaches, White or Chocolate Milk	Friday, January 18 Turkey and Cheese Sandwich on Ciabatta Bun, Veggie Bar, Baked Chips, Apple Slices, White or Chocolate Milk
Monday, January 21 NO SCHOOL	Tuesday, January 22 Vegetable Soup with Cheese Stuffed Bread Sticks , Garden Salad With Ranch Dressing, Fresh Fruit Cup, White or Chocolate Milk	Wednesday, January 23 Chicken Patty Sandwich on Whole Grain Bun, Lettuce, Sliced Tomatoes, Corn, Mayo or BBQ Sauce, Apple Slices, White or Chocolate Milk	Thursday, January 24 Roasted Turkey with Gravy over Mashed Potatoes, Roll, Green Beans, Orange Slices, White or Chocolate Milk	Friday, January 25 Chili , Onions, Salsa, Sour Cream, Cheese, Garden Salad with Ranch Dressing, Peaches, Goldfish Crackers, Chocolate Chip Cookie, White or Chocolate Milk
Monday, January 28 Pepperoni Pizza , Garden Salad with Ranch Dressing, Apple Sauce, White or Chocolate Milk	Tuesday, January 29 Pulled Pork on Whole Grain Bun, Coleslaw with Carrots, Apples, and Craisins, Orange Slices, White or Chocolate Milk	Wednesday, January 30 All Beef Hot Dog on Whole Grain Bun, Chili, Cheese, Onion, Sliced Cucumbers, Banana, White or Chocolate Milk	Thursday, January 31 Taco Salad with Chicken, Corn Tortilla Chips, Pinto Beans, Corn, Cheese, Sour Cream, Salsa, Diced Peaches, White or Chocolate Milk.	Friday, February 1 Corn Dog , Garden Salad with Ranch Dressing, Carrots and Hummus, Applesauce, White or Chocolate Milk
Monday, February 4 Breakfast on Stick (Sausage Wrapped in Pancake), Scrambled Eggs, Veggie Cup with Ranch Dressing, Apple Slices, White or Chocolate Milk	Tuesday, February 5 Orange Chicken , Rice, Oriental Vegetable Blend, Banana, White and Chocolate Milk	Wednesday, February 6 Vegetable Soup with Cheese Stuffed Breadsticks , Garden Salad with Ranch Dressing, Fresh Fruit Cup, White or Chocolate Milk	Thursday, February 7 Malibu Chicken , Dinner Roll, Steamed Carrots, Diced Peaches, White or Chocolate Milk	Friday, February 8 Crispitos (Rolled Tacos), Sour Cream, Salsa, Refried Beans, Side Salad with Ranch Dressing, Apple, White or Chocolate Milk
Monday, February 11 Pepperoni Pizza , Garden Salad with Ranch Dressing, Apple Sauce, White or Chocolate Milk	Tuesday, February 12 Beef and Bean Burritos , Sour Cream, Salsa, Refried Beans, Garden Salad, Diced Peaches, White or Chocolate Milk	Wednesday, February 13 Chicken Nuggets , BBQ Sauce or Honey Mustard, Corn, Side Salad with Ranch Dressing, Banana, White or Chocolate Milk	Thursday, February 14 Cheeseburger on Whole Grain Bun , Lettuce, Sliced Tomatoes, Pickles, Green Beans, Diced Pears, White or Chocolate Milk	Friday, February 15 NO SCHOOL

Monday, February 18 NO SCHOOL	Tuesday, February 19 Popcorn Chicken , Dinner Roll, Carrot Sticks with Hummus, Banana, White or Chocolate Milk	Wednesday, February 20 Corn Dog , Garden Salad with Ranch Dressing, Carrots and Hummus, Applesauce, White or Chocolate Milk	Thursday, February 21 Turkey and Cheese Sandwich on Ciabatta Bun, Veggie Bar, Baked Chips, Apple Slices, White or Chocolate Milk	Friday, February 22 All Beef Hot Dog on Whole Grain Bun, Chili, Cheese, Onion, Sliced Cucumbers, Banana, White or Chocolate Milk
Monday, February 25 Pork and Vegetable Egg Roll , Sweet and Sour Sauce, String Cheese, Green Beans, Mandarin Oranges, White or Chocolate Milk	Tuesday, February 26 Chicken Nuggets , BBQ Sauce or Honey Mustard, Corn, Side Salad with Ranch Dressing, Banana, White or Chocolate Milk	Wednesday, February 27 Hot Ham and Cheese on a Ciabatta Bun , Mixed Veggies, Fresh Cut Melon, Whit or Chocolate Milk	Thursday, February 28 Cheeseburger on Whole Grain Bun , Lettuce, Sliced Tomatoes, Pickles, Green Beans, Diced Pears, White or Chocolate Milk	Friday, March 1 Pepperoni Pizza , Garden Salad with Ranch Dressing, Apple Sauce, White or Chocolate Milk
Monday, March 4 Cheesy Potato Soup with Turkey and Corn, Side Salad with Ranch, Roll, Orange Slices, White or Chocolate Milk	Tuesday, March 5 BBQ Rib Patty Sandwich on Whole Grain Bun, BBQ Sauce, Baked Beans, Grapes, White or Chocolate Milk	Wednesday, March 6 Chicken Parmesan with Cheesy Breadstick , Broccoli and Cauliflower, Mixed Fruit Cup, White or Chocolate Milk	Thursday, March 7 Beef and Bean Burritos , Sour Cream, Salsa, Refried Beans, Garden Salad, Sliced Oranges, White or Chocolate Milk	Friday, March 8 Orange Chicken , Rice, Oriental Vegetable Blend, Banana, White and Chocolate Milk
Monday, March 11 Turkey and Cheese Sandwich on Ciabatta Bun, Veggie Bar, Baked Chips, Apple Slices, White or Chocolate Milk	Tuesday, March 12 Corn Dog , Garden Salad with Ranch Dressing, Carrots and Hummus, Applesauce, White or Chocolate Milk	Wednesday, March 13 Chicken Fajita with Whole Wheat Tortilla, Peppers, Onion, Tomato, Salsa, Sour Cream, Pinto Beans, Fresh Sliced Melon, White or Chocolate Milk	Thursday, March 14 Roasted Turkey with Gravy over Mashed Potatoes, Roll, Green Beans, Orange Slices, White or Chocolate Milk	Friday, March 15 NO SCHOOL
Monday, March 18 Pepperoni Pizza , Garden Salad with Ranch Dressing, Apple Sauce, White or Chocolate Milk	Tuesday, March 19 Pulled Pork on Whole Grain Bun, Coleslaw with Carrots, Apples, and Craisins, Orange Slices, White or Chocolate Milk	Wednesday, March 20 All Beef Hot Dog on Whole Grain Bun, Chili, Cheese, Onion, Sliced Cucumbers, Banana, White or Chocolate Milk	Thursday, March 21 Breakfast Burrito , Salsa, Refried Beans, Garden Salad with Ranch Dressing, Fresh Fruit Cup, White or Chocolate Milk	Friday, March 22 Chicken Patty Sandwich on Whole Grain Bun, Lettuce, Sliced Tomatoes, Corn, Mayo or BBQ Sauce, Apple Slices, White or Chocolate Milk

Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Cereal Bar, Yogurt, String Cheese, Simply Chex, or Muffin	Cereal Bar, Yogurt, String Cheese, or Simply Chex	Cereal Bar, Yogurt, String Cheese, Simply Chex or Benefit Bar	Cereal Bar, Yogurt, String Cheese, or Simply Chex	Cereal Bar, Yogurt, String Cheese, Simply Chex, or Pop Tart

All Breakfasts come with the choice of grain based entrée, fruit, fruit juice, and white or chocolate milk. Fruit or fruit juice must be taken during breakfast service. Breakfast is \$1.85 full-price or free if you are approved for free or reduced lunches.

Afterschool Snack				
Monday	Tuesday	Wednesday	Thursday	Friday
Pretzels and String Cheese	Juice and Crackers	Yogurt and Animal Crackers	Muffin and Juice	Goldfish and String Cheese
After school snack is available without charge to students participating in organized educational and enrichment activities. Sports programs that compete off campus are not eligible for after school snack.				

Salad Bar is available to Middle School and High School Students every day in addition to the menu options. The salad bar will offer romaine lettuce, spinach, Arcadian blend lettuce, broccoli, cauliflower, garbanzo beans, grape tomatoes, cucumber, peppers, peas, shredded carrot, olives, mushrooms, whole grain croutons, ranch dressing, Italian dressing, thousand island dressing and fresh fruit options. Please remember the salad bar is a privilege. Students may not share that privilege with another student. Only the student that has paid for a lunch may visit the salad bar. Students may make a second trip to the salad bar; please visit the kitchen for a clean tray.

Full price student lunches are \$3.15. Full price adult lunches are \$3.85. Students may purchase a second lunch at the adult rate of \$3.85, but the purchase must be made with cash, no charges will be allowed for a second lunch.

Reduced price lunches are \$0.40. There is no charge for a reduced price breakfast.

Planned menu may change if there is a school closure. Fruit and vegetable substitutions are at the discretion of food service staff.

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- (1) mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410;
- (2) fax: (202) 690-7442; or
- (3) email: program.intake@usda.gov.

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